

# FINDING JESUS IN THE PSALMS

## WEEK ONE GOD IS OUR SHIELD

### Read the Verses Together

But you are my shield,  
and you give me victory and great honor.  
I pray to you, and you answer from your sacred hill.  
Psalm 3:3-4 (CEV)

### Define Hard Words

Shield - Protects us & stops things from hurting us

### Ask Your Kids

- \*What do you think it means that God is our shield?
- \*How has God been your shield and protected you?
- \*What happens when we forget to make God our shield?

### Engage Your Kids

- \*Create shields from Amazon boxes.  
(you know you have them)
- \*Act out a fun Nerf gun war using your shields.  
Say, "Just like these shields protected us from the Nerf bullets, God protects us from things that could hurt us."

### Pray with Your Kids

- Use Week One prayer pages in the Study Guide.
- \*Watch the video for prayer help.

### Connect the Verses with Jesus

- \*Say, "Jesus died on the cross to save us from what we deserve - the results of our sin."
- \*Read Romans 6:23 together.

### Listen to the Podcast Episode Together

Visit [www.sarah-keeling.com/podcast](http://www.sarah-keeling.com/podcast)  
to listen to our short prayer using these verses.